



What can you do to help?

Host a book club to raise funds and learn more about Afghanistan.

Suggested books include:

- *Deborah Ellis - The Bread Winner/ Parvana's Journey/Mud City.* Excellent children's books providing insight into life for children and especially girls under the Taliban.
- *Michael Morpurgo - Shadow*
A deeply moving story for children of an army dog in Afghanistan, which also chronicles what life can be like for Afghan asylum seekers in the UK.
- *Khaled Hosseini - The Kite Runner, A Thousand Splendid Suns*
For older children/adults, these books have both also been adapted into films.
- *Zarguna Kargar - Dear Zari, Hidden Stories from Women of Afghanistan.*
Another suggestion for older children/adults.
- *Christina Lamb - The Sewing Circles of Herat*
This is a wonderfully rich book written by the award winning Sunday Times journalist, who is also a Patron of Afghan Connection.